



## What and Why?

Being a Digital Coach means a high level of responsibility. In addition, there are many different tasks to manage. To be able to choose this path, you need to know what a Digital Coach really does and how diverse the fields of activity are in this area of work.

*Reflecting the own personality in comparison with various pictures and impressions of the work of different Digital Coaches help to decide if this is the way a student wants to go.*



## The Role of a Digital Coach

### Who am I?



Reflection on personal strengths and weakness

- What are my positive characteristics and why?
- What is my personal weakness?
- Learning to accept personal weakness
- Practicing converting weakness into strength

### Role Model “Digital Coach”



- Querying personal impressions and prior knowledge
- Video of the work of a Digital Coach (impulse video for reflection)
- Visualisation of a Digital Coach’s tasks and competences
- Personal reflection and recording of the results (worksheet)



## **Facts on working as a Digital Coach (Guided self-learning phase)**



Share the interactive LUMI learning material for guided self-learning phase on the following topics:

- the working environment for Digital Coaches
- Main tasks of a Digital Coach
- How do I start as a Digital Coach?
- Tips and rules for Digital Coaches

## **Visualisation of my vision**



- Vision Board Task
- Every Digital Coach creates his/her own vision board for the upcoming new role as a Digital Coach
- Presentation of the personal vision board in group

## **Personal relevance of the topic**



Transfer your personal learning to your personal portfolio. Reflect on this module's content. Try to answer this question:

- What is important for me as a Digital Coach?
- How do I bring it to class?





## Related Links and Materials





## Lesson Plan

### Materials:

- Computer or iPad with internet access for each learner
- Projector or large screen for demonstrations
- Flipchart
- Paper, felt-tips, markers, old magazines, scissors and glue (visionboard task)
- LUMI interactive learning material
- Book Creator Portfolio (Template to share with the students)

### Lesson Plan

You can pick and choose from among the prepared activities. Please tailor the lesson to the individual need of the Digi Coach you are training.

The times allocated to each activity are rough estimates and it can vary depending on the group.

### Activity 1 (5 minutes)

#### Introduction and Warm-up (5 minutes)

1. Introduce the topic to the group.
2. Discuss what they already know about it.



## Activity 2 (60 minutes)

### My personal characteristics (30 min)

1. Every Digital Coach thinks about three positive characteristics about himself/herself.
2. Share the worksheet with the Digital Coaches (“My backpack full of ...”).
3. He/she creates a symbolic picture of every characteristic (or cuts it from a magazine) and puts it into his backpack.
4. Form groups of 2 to 3.
5. Together in group the Digital Coaches try to consider what the personal characteristics could be good for the work as a Digital Coach.

### My personal field of learning (30 min)

Now every Digital Coach chooses one personal field of learning he/she wants to share with the group. Together in the group they try to find the positive aspects of the field of learning. This can be like:

- Being a moody person means the person can show his/her emotions. That is a personal strength.
- Acting insecure in group of people means that the person does not want or need to stand in the spotlight. He/she is perhaps a modest and self-effacing person. That is a personal strength.
- Needing more time for learning new things can mean that the person works carefully and conscientiously. That is a personal strength.

It must be clear for the group that everyone needs to work on his/her personal field of learning. But this exercise can help that personal weaknesses can be better accepted by the change of perspective; they no longer seem so frustrating. Everyone has personal strength and weakness he/she tries to use or reduce. But both belong to a person's personality.

## Activity 3 (90 minutes)

### Why do I want to become a Digital Coach? (20 min)

1. In this task you want to inquire about the prior knowledge and personal ideas of the participants.
2. Activate them to talk about their personal expectations regarding the new task.

### Impulse Pictures “The Role of a Digital Coach”(40 min)

1. Start with a Visual Exploration by displaying the images first and allowing learners to absorb its details.
2. Watch the video (“We are the Digital Coaches”) with the group.
3. Initiate the discussion with open-ended questions that invite interpretations and opinions (like suggested below):
  - What does a Digital Coach do? - A Digital Coach works with many people in the school. Who are these people?
  - Who does the Digital Coach work with at school?
  - What qualities does a Digital Coach need to have?
  - What must a Digital Coach be good at?
  - What challenges await the Digital Coach?
  - What should a Digital Coach not do?

Gradually guide the conversation towards the intended learning outcomes to lead learners to critically analyse the image's relevance to the work of a Digital Coach. Summarize key takeaways from the discussion and visualize them (poster, whiteboard, smartboard, or using a suitable digital tool), highlighting the different interpretations.

### **Personal reflection (30 min)**

1. The Digital Coaches work together in pairs.
2. First everyone starts to reflect on his/her own on the following questions:
  - What are my strengths and weaknesses as a Digital Coach?
  - Where do I already have experience and why (regarding the personal biography)?
  - What do I still have to learn?
  - And what will be difficult for me?
3. Then the participants start to talk about their reflection and get into discussion in pairs.

### **Activity 4 (45 minutes)**

### **Facts on being a Digital Coach (45 min)**

1. Share the interactive LUMI exercise on the topic to your Digital Coaches for self-paced learning.
2. The interactive eBook contains facts on the following topics: tasks of a Digital Coach, rules and tips for Digital Coach
3. You can provide a padlet to collect further links and questions to the topic there.

## Activity 5 (45 minutes)

### Creating my personal vision board (45 min)

1. Here the Digital Coaches create their own vision board (photo collage) as a visual anchor for the new challenge. It is a fun and creative way to help you focus on your goals and dreams. It's like making a collage that shows the things a person wants to achieve or have in your life.
2. You need just old magazines, scissors, glue, felt-tips and markers. You can arrange an exhibition in group.
3. The Digital Coaches are advised to put their vision boards somewhere they will see it often. It could be at home, near the classroom, or any place where they spend a lot of time.
4. They can also take a photo of the personal vision board to have it present on the personal mobile phone.

## Activity 6 (20 minutes)

### What is important to me as a Digital Coach?(20 min)

- The Digital Coaches reflect on important points for their future work as Digital Coaches of this lesson.
- They take a photo of their vision board and add it to the personal portfolio.
- You transfer these important points to the personal portfolio.
- The format for the documentation is free.